# Finasteride (5 mg) Tablet

Generic Name:

Finasteride

Strength:

5 mg

Formulation:

Oral tablet

Uses:

# • Benign Prostatic Hyperplasia (BPH):

- Used to treat **enlarged prostate** in men.
- Helps improve symptoms such as difficulty urinating, increased frequency, and weak urine flow.
- May reduce the need for surgery related to BPH.
- Off-Label Use:
  - Occasionally prescribed for male pattern hair loss when lower doses are ineffective.

## Mechanism of Action:

Finasteride is a **5-alpha-reductase inhibitor**. It works by blocking the conversion of testosterone to **dihydrotestosterone (DHT)**. DHT contributes to prostate growth and hair loss. By lowering DHT levels, finasteride helps reduce prostate size and related symptoms.

#### Dosage:

- For BPH: 5 mg orally once daily, with or without food.
- It may take **6-12 months** to achieve the full benefit.
- Follow your healthcare provider's instructions carefully.

#### Precautions:

- Not for use by women or children.
- Women who are pregnant or may become pregnant should **not handle crushed or broken tablets** (risk of fetal harm).
- Inform your doctor if you have:
  - o Liver disease
  - Prostate cancer
  - Urinary tract infections
- Regular monitoring of **PSA levels** (Prostate-Specific Antigen) is recommended to rule out prostate cancer.

## Side Effects:

- Common:
  - o Decreased libido
  - Erectile dysfunction
  - Reduced semen volume
- Less Common:
  - o Breast tenderness or enlargement
  - o Rash
  - Depression or mood changes
- Serious (Seek Medical Attention):
  - Severe allergic reactions (swelling of face, lips, or throat)
  - Persistent breast pain or lumps

#### Drug Interactions:

Inform your doctor about all medications, especially:

- Alpha-blockers (used for blood pressure or BPH)
- o Herbal supplements like saw palmetto

Storage:

- Store at **20°C to 25°C** (68°F to 77°F).
- Protect from **moisture and light**.
- Keep out of reach of children.

Note:

Finasteride requires **long-term use** to maintain benefits. Discontinuation may reverse effects within **6-12 months**. Always follow your healthcare provider's advice and report any unusual side effects.

Manufactured in India for:



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